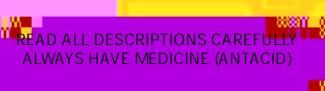


How' to Eat



DAIRY FREE

Dairy free m









BREAKFAST BOWLS

BREAKFAST BURRITOS PANCAKES & CREPES

CLASSIC OATMEAL

EGG, CHEESE, & POTATO
EGG, CHEESE, BACON, &
POTATO
EGG, CHEESE, SAUSAGE, &
POTATO
EGG WHITES, CHEESE, SPINACH,
& POTATO

NONE

SIMPLY FRESH SALADS

FREEKAH VEGAN ANCIENT GRAIN

URBAN GRILL

RIVERSIDE TURKEY CLUB SANDWICH CLASSIC CHEESEBURGER CALI BURGER BACON CHEESEBURGER

SIDES

HAND CUT CHIPS FRENCH FRIES FRESH FRUIT GARDEN SALAD PASTA SALAD



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NO GLUTEN ADDED



FEEL LIMITED WITH YOUR OPTIONS

BREAKFAST **BOWLS**

CLARIFICATIONS

CLASSIC OATMEAL

BREAKFAST **BURRITOS** NONE

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PANCAKES & CREPES NONE

SIMPLY FRESH SALADS

ANCIENT GRAIN CAPRESE ANCIENT GRAIN

URBAN GRILL NONE

SIDES

HAND CUT CHIPS FRENCH FRIES FRESH FRUIT **GARDEN SALAD**



How to Eat FOODOLOGY



NUT ALLERGIES

Nut allergies include any form of tree nut including walnut, almond, hazelnut, cashew, and pistachio.



READ MENU ITEMS CAREFULLY ASK EMPLOYEES TO SWITCH GLOVES (IF SEVERE)

DO



CONSUME ANY BAKED GOODS

DON'T

THUUTTIEMS 10'LHOUSE FROM

BREAKFAST BOWLS

BANANA BERRY CRUNCH
OATMEAL
CLASSIC OATMEAL
ACAI BOWL

EGGS BENEDICT

TUESDAY THRU THURSDAY

BREAKFAST BURRITOS

EGG, CHEESE, & POTATO
EGG, CHEESE, BACON, & POTATO
EGG, CHEESE, SAUSAGE, &
POTATO
EGG WHITES, CHEESE, SPINACH,
& POTATO
SONORAN

PANCAKES & CREPES

MOLTEN CHOCOLATE
(MONDAY & FRIDAY ONLY)
CLASSIC PANCAKES
(MONDAY & FRIDAY ONLY)
BLUEBERRY CRUNCH PANCAKE
(MONDAY ONLY)
FRESH BERRY CREPE
(TUESDAY THRU FRIDAY)

SIMPLY FRESH SALADS

JICAMA AVOCADO FREEKAH ANCIENT GRAIN CAPRESE CLASSIC CHICKEN CAESAR SESAME JADE FREEKAH VEGAN ANCIENT GRAIN

URBAN GRILL

(TUESDAYS & THURSDAYS ONLY)

RIVERSIDE TURKEY CLUB
SANDWICH
RANCH HAND CRISPY CHICKEN
SANDWICH
CLASSIC CHEESEBURGER
CALI BURGER
BACON CHEESEBURGER

SIDES

HAND CUT CHIPS FRENCH FRIES FRESH FRUIT GARDEN SALAD PASTA SALAD



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FEEL LIMITED WITH YOUR OPTIONS



BANANA BERRY CRUNCH
OATMEAL
CLASSIC OATMEAL
ACAI BOWL

BREAKFAST BURRITOS

EGG, CHEESE, & POTATO EGG WHITES, CHEESE, SPINACH, & POTATO

PANCAKES & CREPES

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MOLTEN CHOCOLATE
(MONDAY & FRIDAY ONLY)
CLASSIC PANCAKES
(MONDAY & FRIDAY ONLY)
BLUEBERRY CRUNCH
PANCAKE
(MONDAY ONLY)
FRESH BERRY CREPE
(TUESDAY THRU FRIDAY)
FRESH CREPES
(WEDNESDAY ONLY)

SIMPLY FRESH SALADS

JICAMA AVOCADO FREEKAH ANCIENT GRAIN CAPRESE SESAME JADE FREEKAH VEGAN ANCIENT GRAIN

URBAN GRILL

NONE

SIDES

HAND CUT CHIPS FRENCH FRIES FRESH FRUIT GARDEN SALAD PASTA SALAD